





Prostate Cancer Video Review

	<p>Produced by: Time Life Medical Medical Director: C. Everett Koop, MD Format: VHS, 30 minutes Price: \$19.95 US OncoLink Rating: </p>
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Time Life Medical, with C. Everett Koop, MD as Medical Director, has developed an extensive series of medical video productions. A booklet is included with each video which includes a summary of key points, glossary of terms, a resource guide, and a personal journal. This video is a very good introduction to [prostate cancer](#) that is geared toward viewers without extensive medical knowledge.

The purpose of this video is to provide a general overview of prostate cancer and introduce the viewer to [treatment](#) and management strategies. The video is separated into four sections dealing with specific issues. The first section explains the function of the prostate gland, [risk factors](#) for prostate cancer, and presenting symptoms. It also explains [screening](#) modalities used for prostate cancer including the prostate specific antigen (PSA) blood test and digital rectal examination (DRE). Prostate gland biopsies and Gleason Score are presented to the viewer. The staging systems for prostate cancer are also discussed.

The second section encourages the viewer to gather as much information on prostate cancer as possible to make an informed decision on treatment. It is recommended that the patient discuss their options for treatment with a Urologist, Radiation Oncologist, and Internist. The video also encourages family members to become involved in the treatment decisions.

The third section presents an unbiased guide to the treatment and management options for prostate cancer. The video goes into detail on surgery, radiation therapy, hormonal treatments, and watchful waiting. Experts in each area of treatment are interviewed and patients discuss their personal experiences. The risks and benefits of each approach are explained. The video only discusses [hormonal treatment](#) in regards to advanced disease. This type of treatment is commonly combined with surgery and radiation for early stage cancers. [Radiation seed implants](#), which are becoming more popular, are not discussed as a treatment option in this video. The final section deals with watchful waiting and [psychological issues](#) surrounding prostate cancer.

This video is a very good introduction to the diagnosis and treatment of prostate cancer. Concepts are explained without confusing medical jargon. It is easy to understand and is produced to educate those without an extensive medical background. The video will educate the viewer on the various treatment options so they can become active in the treatment planning process.

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