



One Good Thing About My Yearly Mammogram

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Alysa Cummings

OncoLink Poet-in-Residence

I'm in
and out of
there, I swear,
in the blink of an
eye. Moving at warp
speed, clothes peeled to
the waist in seconds flat.
Motion lines blur, tremble
on either side of me. I fight
off demons that recur, mute
their evil chatter (*we found it
once, we'll find it again*). Steal
a quick glance down at my
watch. It's official: I'm in
and out and on my way,
I'd say in maybe half
the time it takes
everybody else.



Healing is a matter of time, but it is sometimes also a matter of opportunity.

Hippocrates

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