



Diarrhea A Year After Radiation

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It is a year after radiation finished and I am still experiencing diarrhea. What can I do to manage this better/decrease incidence of it?

We would typically not expect that you would have diarrhea one year after radiation. However, diarrhea can be a long term side effect of radiation, meaning it can continue if there has been damage to the bowel. This side effect is called chronic radiation enteritis. Speaking with a dietitian can be helpful. You should also discuss this with your PCP to rule out other causes.

These tip sheets on [managing diarrhea](#) and [eating a low fiber diet](#) to control diarrhea may be helpful.

OncoLink Team

[diarrhea, radiation](#)

No

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