



Regimen Calendar: Breast (TCHP) - Docetaxel, Carboplatin, Trastuzumab, and Pertuzumab

This calendar is for patients receiving the medications Docetaxel, Carboplatin, Trastuzumab, and Pertuzumab for treatment of breast cancer. This treatment may also be called TCHP. This article contains 2 images that can be printed out and used as a resource during treatment.

Medications in TCHP Regimen

The medications listed are part of your regimen and will be shown in the calendar. This will help you know the name of each medication in the regimen.

Chemotherapy Treatment: TCHP for Breast Cancer

T Docetaxel (Taxotere)

H Trastuzumab (Herceptin®)

- Off

C Carboplatin (Paraplatin®)

P Pertuzumab (Perjeta®)

Medications taken at home before chemotherapy treatment:	Pre-medications given at the clinic before treatment:	Medications given after treatment at the clinic and/or at home:
<div style="border: 1px solid black; padding: 2px; display: inline-block; margin-right: 5px;">Dex</div> Dexamethasone (Decadron®) taken by mouth	<div style="border: 1px solid black; padding: 2px; display: inline-block; margin-right: 5px; margin-bottom: 5px;">Dex</div> Dexamethasone (Decadron®) <div style="border: 1px solid black; padding: 2px; display: inline-block; margin-right: 5px; margin-bottom: 5px;">O</div> Ondansetron (Zofran®) <div style="border: 1px solid black; padding: 2px; display: inline-block; margin-right: 5px;">F</div> Fosaprepitant (Emend®)	<div style="border: 1px solid black; padding: 2px; display: inline-block; margin-right: 5px; margin-bottom: 5px;">*Peg</div> Pegfilgrastim (Neulasta®) or Pegfilgrastim (Neulasta® On-Pro Body Injector) <div style="border: 1px solid black; padding: 2px; display: inline-block; margin-right: 5px; margin-top: 5px;">Dex</div> Dexamethasone (Decadron®) taken by mouth at home. <p style="font-size: small; margin-top: 5px;">You may be given other medications in addition to these to help manage side effects.</p>

*Pegfilgrastim (Neulasta®) or Pegfilgrastim (Neulasta® On-Pro Body Injector) will be given 24-72 hours after your treatment is done. It is medication that is given as a subcutaneous injection that can be given at home, at the clinic or your provider's office, or you may have an auto-injector placed on your body that will inject the medication at a specific time. Ask your provider how your Neulasta® will be given.

TCHP Calendar

The calendar is shown below. Use the line next to each week to write the date. This will help you know when each medication will be given during your treatment. Ask your care team any questions you have about this regimen.

<p>TCHP: Docetaxel (Taxotere), Carboplatin (Paraplatin®), Trastuzumab (Herceptin®), Pertuzumab (Perjeta®)</p> <p>The biosimilars for Trastuzumab (Herceptin®) are: trastuzumab-anns, trastuzumab-dkst, trastuzumab-dttb, trastuzumab-pkrb, trastuzuma-qyyp and trastuzumab-strf.</p> <ul style="list-style-type: none"> This calendar shows what one cycle looks like. Each cycle is 3 weeks long and you will often have 6 cycles. Trastuzumab and Pertuzumab may be continued after the 6 cycles. Ask your care team any questions you have about taking these medications. 		
<p>What cycle are you on? _____</p>		
<p>Week 1: Date _____</p> <p>Medications before treatment:</p> <p><input type="text" value="Dex"/> <input type="text" value="O"/> <input type="text" value="F"/></p>	<p>Your chemotherapy medications will be given on one day during this week.</p> <p><input type="text" value="T"/> <input type="text" value="C"/> <input type="text" value="H"/> <input type="text" value="P"/></p>	<p>Medications after treatment:</p> <p><input type="text" value="Dex"/> <input type="text" value="Peg"/></p>
<p>Week 2:</p> <p>Date _____</p> <p style="text-align: center;">-</p>		
<p>Week 3:</p> <p>Date _____</p> <p style="text-align: center;">-</p>		

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